



Nick Turkas

Arthritis Foundation National Office
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Dear Ms. Lisa Dougherty,

I am extremely pleased to write this letter of recommendation for the Medical Fitness Network.

The Arthritis Foundation is committed to making a major difference in the lives of people with arthritis through personalized attention and expert guidance – whenever, wherever. To that end, the Arthritis Foundation launched the Arthritis Resource Finder, a one-stop online tool to help people with arthritis find local arthritis resources right in their own community. The Foundation works with health care providers and other groups to strengthen our offerings. Medical Fitness Network is one of those important groups.

Medical Fitness Network provides an online portal for people with various health and fitness needs. Their goal is to connect consumers with qualified health care and fitness professionals in their community. MFN's detailed review process and submission criteria ensure that consumers have the information they need to find a professional that meets their needs. The Arthritis Foundation supports MFN's efforts. MFN provides approved fitness professionals, health and wellness coaches, yoga instructors and massage therapists to the Arthritis Foundation for use in our Arthritis Resource Finder, which provides additional exposure for professionals who join the Medical Fitness Network.

If you have questions, please don't hesitate to contact me to me at nturkas@arthritis.org.

Sincerely,
Nick Turkas
Director, Consumer Support